

Building Community to Promote Health: Leadership Qualities of a Community Dietitian
 Greater Washington, D.C. Metro Area Dietetic Internship Joint Class Day

March 16, 2015
 8:00 a.m. – 3:30 p.m.

Food & Friends
 219 Riggs Road, NE, Washington, DC 20011

Participants are encouraged to ride Metro. Call 202-669-6437 for a free shuttle from the Fort Totten station.
 Limited parking is available onsite.

8:00 – 8:30 am	Arrival & Coffee (light refreshments provided)
8:30 – 9:15 am	Welcome and Orientation to Food & Friends Anna Kinard, Community Dietitian
9:15 am – 12:00 pm	Group 1 Volunteer in Kitchen, Expediting, or Groceries-to-Go
9:15 – 10:00 am	Group 2 Nutrition, HIV, and Community Dietetics (Lisa Kinsella, Community Dietitian)
10:00 – 10:30 am	Motivational Interviewing Role Play (Sarah Muñiz, Community Dietitian)
10:30 – 10:45 am	YOGA BREAK!
10:45 – 11:30 am	Poverty and Food Justice in Washington, D.C. (Anna Kinard, Community Dietitian)
11:30 am – 12:00 pm	Budgeting Case Studies (Sarah Muñiz, Community Dietitian)
12:00 – 12:30 pm	Lunch and Networking Break (buffet lunch of pizza, salad, and fruit provided)
12:30 – 1:00 pm	Strengths Based Leadership Amy H. LaFalce, Northern Virginia Site Director Virginia Tech Internship Program in Nutrition and Dietetics
1:00 – 1:45 pm	Group 1 Nutrition, HIV, and Community Dietetics (Lisa Kinsella, Community Dietitian)
1:45 – 2:30 pm	Poverty and Food Justice in Washington, D.C. (Anna Kinard, Community Dietitian)
2:30 – 3:00 pm	Budgeting Case Studies (Sarah Muñiz, Community Dietitian)
1:00 – 3:00 pm	Group 2 Volunteer in Kitchen, Expediting, or Groceries-to-Go
3:00 – 3:30 pm	Wrap Up and Closing Remarks