

Nutrition, Communication and Information Management Workshop

Monday, January 12, 2015

*Presented by the National Agricultural Library's Food and Nutrition Information Center &
The Department of Nutrition and Food Science at the University of Maryland, College Park*

- 8:30-9:00 Arrival and Networking
- 9:00-9:15 **Welcome**
Robert T. Jackson, Ph.D, Dept. of Nutrition and Food Science, University of Maryland
- 9:15-10:00 **Incorporating Technology and Informatics into Corporate Wellness**
Juliet Rodman, Chief Wellness Officer
Melissa Grindle, RD, Health & Wellness Coach
Wellness Corporate Solutions
- 10:00-10:30 **Understanding Millennial Eating Behaviors**
Jason Pelzel, MPH, RD, International Food Information Council (IFIC)
- 10:30-10:45 **Break**
- 10:45-11:45 **Nutrition Applications Useful in the Dietetics Field**
Interactive DRIs -- Lorraine Butler, RD, Food and Nutrition Information Center (FNIC)
SuperTracker and What's Cooking? – Erica Gavey, RD and Melissa Ciampo, RD, Center for Nutrition Policy and Promotion (CNPP)
- 11:45-1:00 **Lunch and Break** (lunch is provided by NFSC)
Visit Information Tables and Interactive Activity
- 1:00-1:30 **Help your clients REBEL against dieting eat mindfully and live joyfully**
Kait Fortunato Greenberg, RD, Rebecca Bitzer and Associates
- 1:30-2:00 **Grocery Shopping and the RD**
Wendy Anderson, RD, In-store Nutritionist with Giant Food, Inc.
- 2:00-2:15 Break
- 2:15-3:15 **Using Dialogue Learning in Community Education**
Lynn Rubin, MS, Nutrition Program Development and Outreach Coordinator
Food Supplement Nutrition Education, University of Maryland Extension
- 3:15-3:30 Wrap Up

4.0 CEU have been requested from the Academy of Nutrition and Dietetics for attending RD(s)

Speakers

Wendy Anderson, RD LDN, In-store Nutritionist for Giant Food, Severna Park, MD.
<http://giantfood.com/live-well/health-and-wellness/nutritionists/>

Lorraine Butler, MS RD, Informativist, Food and Nutrition Information Center, Beltsville, MD. <http://fnic.nal.usda.gov/>

Melissa Ciampo, RD, Nutritionist, Nutrition Interactive Tools Team, Office of Nutrition Marketing and Communication, Center for Nutrition Policy and Promotion (CNPP).: <http://www.cnpp.usda.gov/>

Erica Gavey, RD, Nutritionist, Nutrition Interactive Tools Team, Office of Nutrition Marketing and Communication, Center for Nutrition Policy and Promotion (CNPP). <http://www.cnpp.usda.gov/>

Kait Fortunato Greenberg, RD, Private Practice Dietitian, Rebecca Bitzer and Associates, Greenbelt, MD. <http://www.rbitzer.com/>.

Melissa Grindle, RD, Health and Wellness Coach, Wellness Corporate Solutions, Bethesda, MD. URL: <http://www.wellnesscorporatesolutions.com>

Jason Pelzel, MPH, RD, Program Manager: Health & Wellness, International Food Information Council (IFIC), Washington DC. <http://www.foodinsight.org/>

Juliet Rodman, RD LD CPT, Chief Wellness Officer, Wellness Corporate Solutions, Bethesda, MD. <http://www.wellnesscorporatesolutions.com>

Lynn Rubin, MS, Statewide Program Development & Outreach Coordinator, Maryland Food Supplement Nutrition Education, the University of Maryland Extension. <http://extension.umd.edu/fsne>

Directions: see attached directions.

Questions: Contact Phyllis Fatzinger McShane, MS RD LDN/LD at pef@rmcshane.com